2014-15 OSR Recommendations that have been removed from OSR 2016-17

2014-15 OSR No. 3.03.5 3.04.5 3.04.6 3.06.3		
3.04.5 3.04.6 3.0	Text Regular inspection of the keel and keelihuli attachment structure are strongly recommended	Category Mo0.1.2.3.4
3.0	regular inspection or tine keer and seevinul attactiment structure are strongy recommended. A race organizer should require compliance with a minimum stability rule or rulable stability standard.	MoU,1,2,3,4 Mo4
	Use of the ISO or any other index does not guarantee total safety or total freedom of risk from capsize or sinking.	Mo0,1,2,3,4
	95 Attention is drawn to ISO 12217-2. when first launched prior to January 2014, if possible have each escape hatch in compliance with the dimensions in OSR 3.07.2(a)(ii);	Mu0,1,2,3,4 Mo0,1,2,3,4
07.2 iii	when institutioned prior to January 2003, if possible have each escape hatch in compliance with the uninensions in CSA 5.07.2(a)(ii); when first launched prior to January 2003, if possible have each escape hatch in compliance with the densions in CSA 5.07.2(a)(ii);	Mu0,1,2,3,4 Mu0,1,2,3,4
17.2 f)	In a catamaran with a central nacelle, it is recommended that each hull has an emergency refuge, accessible via a special hatch in the side of the hull nearest the vessel's central axis, which	Mu0,1,2,3,4
19.7 note	hatch may be opened and closed from the inside and outside MK-rated boats may instead of the terms LVM, maximum beam, freeboard abreast the cockpit, use the IMS terms L, B and FA.	Extract **
3.5 a)	An access hatch should be capable of being securely shut within 5 seconds	MoO
3.6	It is strongly recommended that:	Mo0
	an extreme end "crash" bulkhead should be provided at the stem. If practicable the aft "crash" bulkhead should be forward of the rudder post.	Mo0
	after flooding any one major compartment, a yacht should be capable of providing shelter and sustenance for a full crew for 2 weeks in an essentially dry compartment having direct access to the deck	Mo0
	compartments between watertight bulkheads should be provided with a means of manually pumping out from within the hull from a position outside the compartment	Mo0
	Pulpits, Stanchions, Lifelines	
4.3 m)	It is strongly recommended that designs also comply to ISO 15085	**
4.6	Lifeline Minimum Diameters, Required Materials, Specifications	
_	When stainless wire is used, Grade 316 is recommended.	
5	Multihull Nets or Trampolines It is recommended that lines used to tie the nets should be individually tied and not continuously connected to more than four attachment points per connecting line	Mu0.1.2.3.4
11.3	is a recommended that when dead to be the nets should be included that all not commended to more than now attachment points per connecting the Emergency Prinking Water	MoMu0,1,2,3
	All drinking water and any desalination units should be so arranged that drinking water is readily accessible when the yacht is inverted.	Mu0
9	Communications Equipment, EPFS (Electronic Position-Fixing System), Radar, AIS	**
iii)	the following types and lengths of co-axial feeder cable will meet the requirements of OSR 3.23.1 (b)(i): (a) up to 15m (50th) -type RGBX ("min's"); (b) 15-28m (50-90th) -type RGBU; (c) 23-43m (90-140th) -type 9913F (uses conventional connectors, available from US supplier Bedein; (d) 43-70m 140-220th -type UMR600 (uses special connectors, available from US supplier	MoMu0,1,2,3
	Times Microwave).	
iv)	it should include channel 72 (an international ship-ship channel which, by common use, has become widely accepted as primary choice for ocean racing yachts anywhere in the world)	MoMu0,1,2,3
	It is strongly recommended that a hand-held watertight transceiver operating on one or more aviation frequencies including 121.5MHz should be provided. This will enable communications	MoMu0
	between the yacht and aircraft on SAR duties, not all of which have maritime VHF. When not in use to be stowed in a grab bag (see OSR 4.21.2) An AIS Transponder is recommended	МоМи3
29.2	Yachts are reminded that no reflector, active or passive, is a guarantee of detection or tracking by a vessel using radar.	**
	The attention of persons in charge is drawn to legislation in force or imminent affecting the territorial seas of some countries in which the carriage of an AIS set is or will be mandatory for certain	**
	vessels including relatively small craft. SECTION 4- PORTABLE EQUIPMENT & SUPPLIES for the yacht	
02	SEL TOWA + PORT INDEL EQUIPMENT & SUPPLIES FOR THE YEART HALL REVENUE AND THE YEAR HALL REVENUE	Mo0,1,Mu0,1,2,3,4
2.1 b)	Each yacht is recommended to show at least 1 m*2 of fluorescent pink or orange or yellow colour as far as possible in a single area on the coachroof and/or deck where it can best be seen	MoMu1
2.3	Each yacht is recommended to show on each underwater appendage an area of highly-visible colour	MoMu0,1
4	Each year in secumented to show on each unewater appearage an area or rightly-visible count Jackstays, Glipping Points and Static Safety Lines	morrido, i
4.1 d)	20kN (2,040 kgf or 4,500 lbf) min breaking strain webbing is recommended;	MoMu0,1,2,3
04.1 e)	at least two of which should be fitted on the underside of a multihull in case of inversion.	Mu0,1,2,3
14.2	Clipping Points:- Warning - U-bolts as clipping points - see OSR 5.02.1(a)	MoMu0,1,2,3
08	waning - U-oois as cipping points - see USH -5.02.1(a) First Ald Manual and First Ald Kit	MOMu0,1,2,3
08.1	In the absence of a National Authority's requirement, the latest edition of one of the following is recommended:-	**
	International Medical Guide for Ships, World Health Organisation, Geneva	MoMu0,1
	First Aid at Sea, by Douglas Justins and Colin Berry, published by Adlard Coles Nautical, London	MoMu2,3,4
	Le Guide de la medecine a distance, by Docteur J Y Chauve, published by Distance Assistance BP33 F-La Baule, cedex, France. 'PAN-PAN medico a bordo' in Italian edited by Umberto Verna. www.panpan.it	MoMu2,3,4
	Skipper's Medical Emergency Handbook by Dr Spike Briggs and Dr Campbell Mackenzie www.msos.org.uk	**
08.3	The contents and storage of the First Aid Kit should reflect the guidelines of the Manual carried, the likely conditions and duration of the passage, and the number of people aboard the yacht.	**
11	Navigation Equipment	
11.2	ravigation Equipment Reserve Navigation System	
	Navigators are recommended to carry a sextant with suitable tables and a timepiece or an adequate reserve navigation system so that total reliance is not placed on dead-reckoning and a	MoMu0,1
10	single form of EPFS (Electronic Position-Fixing System) (see Volpe Report at www.navcen.uscg.gov/archive/2001/Oct/FinalReport-v4.6.pdf)	
9 19.1 b)	EPIRBs It is recommended that a 406 MHz EPIRB should include an internal GPS, and also a 121.5MHz transmitter for local homing.	MoMu0,1,2
19.1 e)	it is recommensed that a vero mare. Extendistribution and include an interface darks, and a deal a 121. Some z deal minimal for focal nonlings. A list of registration numbers of 466 EPIRBs should be notified to event organizers and kept available for immediate use.	MoMu0,1,2
19.1 f)	Consideration should be given to the provision of a locator device (e.g. an "Argos" beacon) operating on non - SAR frequencies, to aid salvage if a yacht is abandoned.	MoMu0,1,2
19.1 g)	See OSR 3.29.1(e) for on-board D/F and OSR 5.07.1(b) for personal EPIRBs (PLBs)	MoMu0
20.4	Liferaft Launching	MoMu0,1,2
21.2	Each liferaft of more than 40kg weight should be stowed in such a way that the liferaft can be dragged or slid into the sea without significant lifting Grab Bags to Accompany Liferafts	MoMu0,1,2
21.2	Grap bags to Accompany Literatory and the second page of the control of the company to the company the company to the company	MoMu0,1,2
	on the outside, should be marked with the name of the yacht, and should have a lanvard and clip.	
21.3	Note: it is not intended to duplicate in a grab bag items required by other OSRs to be on board the yacht - these recommendations cover only the stowage of those items Grab Bag Recommended Contents	MoMu0,1,2
21.5	and bag inecommended contents 2 red parachule and 2 red hand flares and cyalume-type chemical light sticks (red flares compliant with SOLAS)	MoMu1,2
	waterlight hand-held EPFS (Electronic Position-Fixing System) (eg GPS) in at least one of the grab bags carried by a yacht	MoMu1,2
	SART (Search and Rescue Transponder) in at least one of the grab bags carried by a yacht	MoMu1,2
	a combined 406MHz/121.5MHz EPIRB registered to the boat (see OSR 4.19.1) in at least one of the grab bags	
	water in re-sealable containers or a hand-operated desalinator plus containers for water	MoMu1,2
	a waterlight hand, held marine VHF transceiver nliss a snare set of hatteries	MoMu1,2
	a waterlight hand-held marine VHF transceiver plus a spare set of batteries a waterlight flashlight with spare batteries and bulb	MoMu1,2 MoMu0,1,2
	a watertight hand-held marine VHF transceiver plus a spare set of batteries a wateright flashight with spare batteries and bulb dry suits or thermal protective dais or survival bags	MoMu1,2
	a watertight flashlight with spare batteries and bulb	MoMu1,2 MoMu0,1,2
	a waterlight flashlight with spare batteries and bulb dry suits or thermal protective aids or survival bags	MoMu1,2 MoMu0,1,2 MoMu0,1,2
	a watertight flashlight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the literaft (not required if the literaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm	MoMu1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2
	a waterlight flashlight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the filendt (not required if the literaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) first-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable.	MoMu1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2
	a watertight flashlight with spare batteries and bulb dry suits or thermal protective aids or survival bags second sea anchor for the fleat flor toputined if the liferaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) [irst-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror	MoMu1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2
	a waterlight flashlight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the filendt (not required if the literaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) first-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable.	MoMu1.2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2
	a waterlight flashlight with spare batteries and bub dry suits or thermal protective side or survival bags second sea anchor for the illeraft (not required if the illeraft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) inst-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cat Zero) nyon string, polythene bags, seasickness tablets (min 6 per person recommended) waterlight hand-hiel avaiton VHF transscreer (if area area warrants)	MoMu1.2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2
	a wateright flashight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the liferalt (not required if the liferaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety lin openers (if appropriate) lifest-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cat Zero) nylon string, polythene bags, seasickness tablets (min 6 per person recommended) wateright hand-heid availon VHF transcolver (if race area warrants) water in re-sealable containers and hand-operated desailnator	MoMu1.2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2
	a waterlight flashlight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the illeraft (not required if the illeraft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety lin openers. (if appropriate) (inst-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cal Zero) nylon string, polythene bags, seasickness tablets (min 6 per person recommended) water in re-sealable containers and a hard-operated desalinator hand-held safetile telephone with waterproof cover and internal batteries	MoMu1.2 MoMu0,1;2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2
	a wateright flashight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the liferalt (not required if the liferaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety lin openers (if appropriate) lifest-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cat Zero) nylon string, polythene bags, seasickness tablets (min 6 per person recommended) wateright hand-heid availon VHF transcolver (if race area warrants) water in re-sealable containers and hand-operated desailnator	MoMu1.2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2
	a wateright flashight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the fleraft (not required if the illeraft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) first-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cat Zero) nylon string, polythene bags, seasickness tablets (min 6 per person recommended) wateright hand-held avaidon VHF transcreve (if area area warrants) water in re-sealable containers and a hand-operated desalinator hand-held satellite telephone with waterproof cover and internal batteries strobe light 1	MoMu1.2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.0;2 MoMu0.0;4 MoMu0.0;4 MoMu0.0;4
	a wateright flashight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the fleralt (not required if the fileraft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) first-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cat Zero) nylon string, polythene bags, seasickness tablets (min 6 per person recommended) wateright hand-held availon VHF transcolver (if race area warrants) water in re-sealable containers and a hand-operated desailnator hand-held satellite telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbreaklable speciations for any crew members needing them well notebook with capitive pencil.	MoMu0,1,2 MoMu0,1,0 MoMu0
	a wateright flashight with spare batteries and bub dry suits or thermal protective side or survival bags second sea anchor for the literatit (not required if the literatit has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety in openers (if appropriate) linst-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (nin 10 000kJ per person recommended for Cat Zero) nyon string, polythene bags, seasickness tablets (min 6 per person recommended) wateright hand-held aviation VHF transceive (if reae area warrants) water in re-sealable containers and a hand-operated desalinator hand-held safelte telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare untraviable spectacles for any crew members needing them well notebook with capitive pencil	MoMu1.2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.0;2 MoMu0.0 MoMu0 Momu0 Mom
	a wateright flashight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the fleralt (not required if the illeraft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) linst-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000k) per person recommended for Cat Zero) nylon string, polythere bags, seasickness tablets (min 6 per person recommended) wateright hand-held aviation VHF transcreive (if leas area warrants) water in re-sealable containers and a hand-operated desalinator hand-held satellite telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbreakable spectacles for any crew members needing them wet notebook with captive pencil powerful whistis (operated by mouth) if end SOLAS compliant parachule flares, 2 orange SOLAS compliant smoke flares, cyalume-type light sticks	MoMu1.2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.1,2 MoMu0.0,0 MoMu0.0 MoMu0 Momu0 Mom
	a wateright flashight with spare batteries and bub dry suits or thermal protective side or survival bags second sea anchor for the literatit (not required if the literatit has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety in openers (if appropriate) linst-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (nin 10 000kJ per person recommended for Cat Zero) nyon string, polythene bags, seasickness tablets (min 6 per person recommended) wateright hand-held aviation VHF transceive (if reae area warrants) water in re-sealable containers and a hand-operated desalinator hand-held safelte telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare untraviable spectacles for any crew members needing them well notebook with capitive pencil	MoMu1.2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.0;2 MoMu0.0 MoMu0 Momu0 Mom
	a wateright flashlight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the literaft (not required if the literaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) lifst-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cal Zero) nylon string, polythene bags, seasichness tablets (min 6 per person recommended) watertight hand-heid avation VHF intranscever (if nee area warrants) water in re-sealable containers and a hand-operated desalinator hand-heid safelte telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbreak-able spectacles for any crew members needing them wet notebook with captive pencil powerful whistle (operated by mouth) 6 red SOLAS compliant parachula flares, 3 white parachute flares, 2 orange SOLAS compliant smoke flares, cyalume-type light sticks a waterlight, hard-heid ZEPFS (Electronic Position-Fixing System) (e.g. GPS) SART (Search and Rescour Transponder)	MoMu1.2 MoMu0.1;2 MoMu0.0;2 MoMu0
	a wateright flashight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the fleraft (not required if the literaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) linst-aid kit including at least 2 tubes of surscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (nin 10 000kJ per person recommended for Cat Zero) nylon string, polythene bags, seasickness tablets (nin 6 per person recommended) watertight hand-held avaiton VHF transceive (if rea eare avarrants) water in re-sealable containers and a hand-operated desalinator hand-held satellite telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbraskable spectacles for any crew members needing them wet notebook with captive pencil powerful whistic (operated by mouth) 6 red SOLAS compliant parachula flares, 2 white parachula flares, 2 orange SOLAS compliant smoke flares, cyalume-type light sticks a waterlight, high-powered orch (flashight) with spare batteries and bulbs waterlight hand-held EPFS (Electronic Position-Pxing System) (e.g. GPS) SARIT (Search and Rescue Transponder) Swimmer of the Watch Bag	MoMu1.2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0 MoMu0 MoMu
	a wateright flashlight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the literaft (not required if the literaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) lifst-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cal Zero) nylon string, polythene bags, seasichness tablets (min 6 per person recommended) watertight hand-heid avation VHF intranscever (if nee area warrants) water in re-sealable containers and a hand-operated desalinator hand-heid safelte telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbreak-able spectacles for any crew members needing them wet notebook with captive pencil powerful whistle (operated by mouth) 6 red SOLAS compliant parachula flares, 3 white parachute flares, 2 orange SOLAS compliant smoke flares, cyalume-type light sticks a waterlight, hard-heid ZEPFS (Electronic Position-Fixing System) (e.g. GPS) SART (Search and Rescour Transponder)	MoMu1.2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.1;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0 MoMu0
	a wateright flashight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the literatit (not required if the literatit has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) [inst-aid kit including at least 2 lubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling miror high-energy food (min 10 000kJ per person recommended for Cal Zero) nylon string, polythene bags, seasickness tablets (min 6 per person recommended) wateright hard-held availon VHF transceiver (if race area warrants) water in re-sealable containers and a hard-operated desalinator hard-held stafflet telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbreak-able spectacles for any crew members needing them wet notebook with captive pencil powerful whistis (operated by mouth) for ed SOLAS compliant parachute flares, 3 white parachute flares, 2 orange SOLAS compliant smoke flares, cyalume-type light sticks a wateright hard-held EFFS (Electronic Position-Fixing System) (e.g. GPS) SART (Search and Rescue Transponder) Swimmer of the Watch Bag It is recommended to keep a bag, stored ready for immediate use within reach of the main companionway hatch, to facilitate the recovery of a man overboard by a swimmer of the watch and containing- 50 metres of buoyant 8mm rope	MoMu1.2 MoMu0.1,2 MoMu0.1,
11.4	a wateright flashight with spare batteries and bub dry suits or thermal protective side or survival bags second sea anchor for the literati (not required if the literati has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety in openers (if appropriate) linst-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cat Zero) nylon string, polythene bags, seasickness tablets (min 6 per person recommended) watertight hand-held avation VHF transceive (if are area warrants) water in re-sealable containers and a hand-operated desalinator hand-held satellite telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbraskable spectacles for any crew members needing them well notebook with captive pencil powerful whistic (poprated by mouth) 6 red SOLAS compliant parachute flares, 2 orange SOLAS compliant smoke flares, cyalume-type light sticks a wateright, halp powered to whist (pashight) with spare batteries and bulbs wateright and held EFFS (Electronic Position-Fixing System) (e.g. GPS) SART (Search and Rescue Transponder) Swimmer of the Watch Bag It is recommended to keep a bag, stored ready for immediate use within reach of the main companionway hatch, to facilitate the recovery of a man overboard by a swimmer of the watch and containing- to make the first of buoyant 8mm rope a pair of swim firs	MoMu1.2 MoMu0.1;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0 MoMu0
11.4	a wateright flashight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the illeraft (not required if the illeraft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) (inst-aid kit including at least 2 lubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling miror high-energy food (min 10 000k) per person recommended for Cal Zero) rybon string, polythene bags, seasickness tablets (min 6 per person recommended) wateright hard-heid avaition VHF transceiver (if race area warrants) water in re-sealable containers and a hard-operated desainator hard-heid stellet telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbreak-able speciacles for any crew members needing them wat notebook with captive pencil powerful whistie (operated by mouth) if and SCALS compliant practive flares, 2 orange SOLAS compliant smoke flares, cyalume-type light sticks a watertight hard-heid EFFS (Electronic Position-Fixing System) (e.g. GPS) SART (Search and Rescue Transporder) Swimmer of the Watch Bag It is recommended to keep a hag, stored ready for immediate use within reach of the main companionway hatch, to facilitate the recovery of a man overboard by a swimmer of the watch and containing- 50 metres of buoyant 8mm rope a pair of swim firs a semi-automatic fel jacket	MoMu1 1.2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,0,1 MoMu0,0,1 MoMu0
	a wateright flashight with spare batteries and bub dry suits or thermal protective side or survival bags second sea anchor for the literati (not required if the literati has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety in openers (if appropriate) linst-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cat Zero) nylon string, polythene bags, seasickness tablets (min 6 per person recommended) watertight hand-held avation VHF transceive (if are area warrants) water in re-sealable containers and a hand-operated desalinator hand-held satellite telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbraskable spectacles for any crew members needing them well notebook with captive pencil powerful whistic (poprated by mouth) 6 red SOLAS compliant parachute flares, 2 orange SOLAS compliant smoke flares, cyalume-type light sticks a wateright, halp powered to whist (pashight) with spare batteries and bulbs wateright and held EFFS (Electronic Position-Fixing System) (e.g. GPS) SART (Search and Rescue Transponder) Swimmer of the Watch Bag It is recommended to keep a bag, stored ready for immediate use within reach of the main companionway hatch, to facilitate the recovery of a man overboard by a swimmer of the watch and containing- to make the first of buoyant 8mm rope a pair of swim firs	MoMu1.2 MoMu0.1;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0;2 MoMu0.0 MoMu0
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2 22.5	a wateright flashight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the fleralt (not required if the literaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety tin openers (if appropriate) linst-aid kit including at least 2 tubes of surscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cat Zero) nylon string, polythene bags, seasickness tablets (min 6 per person recommended) waterlight hand-held avaiton VHF transcelver (if rea area warrants) water in re-sealable containers and a hand-operated desainator hand-held satellite telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbreakable spectacles for any crew members needing them well notebook with captive pencil powerful whistic (poperated by mouth) 6 red SOLAS compliant parachulae flares, 2 white parachulae flares, 2 orange SOLAS compliant smoke flares, cyalume-type light sticks a wateright hand-held EPFS (Electronic Position-Fixing System) (e.g. GPS) SART (Search and Rescue Transponder) Swimmer of the Watch Bag It is recommended to keep a bag, stored ready for immediate use within reach of the main companionway hatch, to facilitate the recovery of a man overboard by a swimmer of the watch and containing- 50 metres of buoyant items rope a pair of swim firs a semi-automatic fle jacket subtable clothing to effect a man overboard recovery in coid water Lifebuoys It is recommended to keep a bag, stored ready for immediate use within reach of the recommended to the colour of each lifebuoy be a safety colour in the yellow-red range.	MoMu1.2 MoMu0.1;2 MoMu0.0;2 MoMu0.0 MoMu0 Mo
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21.4 22.5 24 26 26	a wateright flashight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the literatit (not required if the literatit has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety in openers (if appropriate) linst-aid kit including at least 2 lubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (nin 10 000kJ per person recommended for Cat Zero) nyton string, polythene bags, seasickness tablets (nin 6 per person recommended) watertight hand-held avaiton VHF transceiver (if rea area warrants) water in re-sealable containers and a hand-operated desalinator hand-held satellite telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbraikable specialise for any crew members needing them well notebook with captive pencil powerful whistic (poprated by mouth) 6 red SOLAS compliant parachute flares, 2 orange SOLAS compliant smoke flares, cyalume-type light sticks a wateright, high powered torch (lifeshight) with spare batteries and bulbs wateright hand-held EFFS (Electronic Position-Fixing System) (e.g. GPS) SART (Search and Rescue Transponder) Swimmer of the Watch Bag It is recommended to keep a bag, stored ready for immediate use within reach of the main companionway hatch, to facilitate the recovery of a man overboard by a swimmer of the watch and containing- 50 metres of buoyant 8mm rope a pair of swim firs a semi-automatic file jacket suitable clothing to effect a man overboard recovery in cold water Lifebuoys It is recommended that the colour of each lifebuoy be a safety colour in the yellow-red range. Heaving Line Heaving L	MoMu1.2 MoMu0.1;2 MoMu0.0;2 MoMu0.0 MoMu0 Mo
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21.4 22.5 24 26 26	a wateright flashight with spare batteries and bub dry suits or thermal protective aids or survival bags second sea anchor for the literalt (not required if the literalt has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety in openers (if appropriate) Inst-aid kit including at least 2 lubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cat Zero) nylon string, polythene bags, seasickness tablets (min 6 per person recommended) watertight hand-held avation VHF transscreve (if are area warrants) water in re-sealable containers and a hand-operated desalinator hand-held statellite telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbreakable speciales for any crew members needing them wet notebook with captive pencil powerful whistic (poprated by mouth) 6 red SOLAS compliant parachute flares, 2 orange SOLAS compliant smoke flares, cyalume-type light sticks a waterlight, help powered to whist (listalight) with spare batteries and bubs waterlight hand-held EFFS (Electronic Position-Fixing System) (e.g. GPS) SART (Search and Rescue Transponder) Swimmer of the Watch Bag It is recommended to keep a bag, stored ready for immediate use within reach of the main companionway hatch, to facilitate the recovery of a man overboard by a swimmer of the watch and containing- 50 meters of buoyant 8mm rope a pair of swim firs a semi-automatic 16 jacket suitable lochting to effect a man overboard recovery in cold water Lifebuoys It is recommended that the colour of each lifebuoy be a safety colour in the yellow-red range. Heaving Line Ithe 'throwing sock' type is recommended - see Appendix D Storm & Heavy Weather Salis Design	MoMu1.2 MoMu0.1,2 MoMu0.0,2 MoMu0 Mo
21.4 22.22.5 24.26.1	a wateright flashight with spare batteries and bub dry suits or thermal protective side or survival bags second sea anchor for the literatit (not required if the literatit has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety in openers (if appropriate) inst-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000kJ per person recommended for Cat Zero) nyton string, polythene bags, seasickness tablets (min 6 per person recommended) wateright hand-held avaiton VHF transceiver (if rea area warrants) water in re-sealable containers and a hand-operated desalinator hand-held stafflet telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbraskable specialise for any crew members needing them well notebook with captive pencil powerful whistic (poprated by mouth) 6 red SOLAS compliant parachute flares, 2 variage SOLAS compliant smoke flares, cyalume-type light sticks a wateright, high-powered torch (lifeshight) with spare batteries and bulbs wateright hand-held EFFS (Electronic Position-Fixing System) (e.g. GPS) SART (Search and Rescue Transponder) Swimmer of the Watch Bag It is recommended to keep a bag, stored ready for immediate use within reach of the main companionway hatch, to facilitate the recovery of a man overboard by a swimmer of the watch and containing- 50 metres of buoyant 8mm rope a pair of swim firs a semi-automatic file jacket suitable clothing to effect a man overboard recovery in cold water Lifebuoys It is recommended that the colour of each lifebuoy be a safety colour in the yellow-red range. Heaving Line Ithe Trowing sock* type is recommended - see Appendix D Storm & Heavy Weather Salls Design Ithis strongly recommended that persons in charg	MoMu1.2 MoMu0.1,2 MoMu0.0,2 MoMu0 Mo
21.4 22.22.5 24.26.1	a wateright flashight with spare batteries and bub dy suits or theman protective aids or survival bags second sea anchor for the literalt (not required if the literalt has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety in openers (if appropriate) lifst-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling miror high-energy food (min 10 000k) per person recommended for Cal Zero) nylon string, polythene bags, sealsciness tablets (min 6 per person recommended) wateright hard-held availon VHF transceiver (if race area warrants) water in re-sealable containers and a hard-operated desalinator hard-held staffile telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbreakable speciateles for any crew members needing them with notebook with captive pencil powerful whistile (operated by mouth) of red SOLAS compliant parachute flares, 2 orange SOLAS compliant smoke flares, cyalume-type light sticks a wateright hard-held EFPS (Electronic Position-Fixing System) (e.g. GPS) SART (Search and Rescue Transponder) Swimmer of the Watch Bag It is recommended to keep a bag, stored ready for immediate use within reach of the main companionway hatch, to facilitate the recovery of a man overboard by a swimmer of the watch and containing- So maters of buoyant items rope a pair of swim firs a semi-automatic feli jacket suitable cithing Line the "throwing sock" type is recommended see Appendix D Storm & Heavy Weather Salls Design It is strongly recommended that the colour of each lifebucy be a safety colour in the yellow-red range. Heaving Line the "throwing sock" type is recommended see Appendix D Storm & Heavy Weather Salls Design It is strongly recommended that persons in charge consult their designer an	MoMu1.2 MoMu0.1,2 MoMu0.0,2 MoMu0 Mo
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21.4 22.2 22.5 24 26.2 26.2	a wateright flashight with spare batteries and bub days suits or themal protective aids or survival bags second sea anchor for the liferalt (not required if the liferalt has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm live safety fin openers (if appropriate) first-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000k) per person recommended for Cat Zero) hyph-string, pothere bags, seasckiness tablets (min 6 per person recommended) wateright hand-held aviation V-FF transceiver (if race area warrants) water in re-sealable containers and a hard-operated designator hand-held satellite telephone with waterproof cover and internal batteries strobe light medical supplies including any for pre-existing medical conditions of any crew member spare unbreakable spectacles for any crew members needing them wet notebook with captive pencil powerful whielsic (pertated by mouth) 6 ind SOLAS complaint parachute flares, 2 orange SOLAS complaint smoke flares, cyalume-type light sticks a wateright, high-powered tork (highlight) with spare batteries and bubs wateright hand-held EPES (Electronic Position-Fixing System) (e.g. GPS) SARIF (Search and Rescue Transponder) Swimmer of the Watch Bag 1 is recommended to keep a bag, stored ready for immediate use within reach of the main companionway hatch, to facilitate the recovery of a man overboard by a swimmer of the watch and containing. So meters of buoyant firm repe a safe is propulsion for the yealow red range. Fleaving Ine in the value of the position of the yeal the colour of each lifebury be a safety colour in the yellow-red range. Fleaving Ine in the ready weather salis Design It is strongly recommended that the storm tysall should either be made of or have a patch of highly visible colour. The following shall be provided:-	MoMu1.2 MoMu0.1,2 MoMu0.0 MoMu0 MoMu
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21.4 22.5 24 26 26.1 26.2 26.2 26.4	a wateright flashight with game batteries and bubl dry suits or thermal protective ais or survival bags second sea anchor for the fileralt (not required if the literalt has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety fin openers (if appropriate) first-aid kit including at least 2 Lubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signaling mirror ingre-nergy bood (inn 10 000k) per person recommended for Cat Zero) right-nergy bood (inn 10 000k) per person recommended of Cat Zero) right-nergy bood (inn 10 000k) per person recommended of Cat Zero) right-nergy bood (inn 10 000k) per person recommended of Cat Zero) right-nergy bood (inn 10 000k) per person recommended of Cat Zero) right-nergy bood (inn 10 000k) per person recommended of Cat Zero) right-nergy bood (inn 10 000k) per person recommended of Cat Zero) right-nergy bood (inn 10 000k) per person recommended of Cat Zero) right-nergy bood (inn 10 000k) per person recommended of Cat Zero) right-nergy bood (inn 10 000k) per person recommended of Cat Zero) right-nergy bood (inn 10 000k) per person recommended of Cat Zero) right-nergy bood (inn 10 000k) per person recommended of Cat Zero) right-nergy bood (inn 10 000k) per person recommended of Cat Zero) recommended the telephone with waterproduce and avariants) water recommended in person with waterproduce and avariants) water recommended beap a bag, stored ready for immediate use within reach of the main companionway hatch, to facilitate the recovery of a man overboard by a swimmer of the watch and containing. Swimmer of the Watch Bag It is recommended to keep a bag, stored ready for immediate use within reach of the main companionway hatch, to facilitate the recovery of a man overboard by a swimmer of the watch and containing. Second Leaving Line The recommended that the colour of each lifebuoy be a safety colour in the y	MoMu1.2 MoMu0.1,2 MoMu0.0,12 MoMu0.0,12 MoMu0.0 MoMu0
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222 222.5 24 26.1 26.2 27 27.7 001 001.1)) 002 (02.1 a)	a waterlijht flashlijht with spare batteries and bubl dry sults or theman protective aids or survival bags second sea anchor for the liferath (not required if the liferath has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two salety fin openers (if appropriate) lives a liferath in the liferath (not required if the liferath has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two salety fin openers (if appropriate) lives a liferath in the liferath in the liferath liferath in the liferath liferath in the liferath lifera	MoMu1.2 MoMu0.1,2 MoMu0.0,1,2 MoMu0.0,1,2 MoMu0.0,1,2 MoMu0.0 MoMu0 MoMu

5.02.5	It is strongly recommended that:-	MoMu0,1,2,3	
a)	static safety lines should be securely fastened at work stations;	MoMu0,1,2,3	
b)	A harness should be fitted with a crotch strap or thigh straps.	MoMu0,1,2,3	
c)	to draw attention to wear and damage, stitching on harness and safety lines should be of a colour contrasting strongly with the surrounding material;	MoMu0,1,2,3	
d)	snaphooks should be of a type which will not self-release from a U-bolt (see OSR 5.02.1(a)) and which can be easily released under load (crew members are reminded that a personal knife may free them from a safety line in emergency);	MoMu0,1,2,3	
e)	a crew member before a race should adjust a harness to fit then retain that harness for the duration of the race.	MoMu0,1,2,3	
5.02.6	Warning - a safety find and safety harmess are not designed to low a person in the water and is important that the shortest safety line length possible be used with a fameres of minimise or eliminate the risk of a person's torso becoming immersed in water outside the boat, especially when working on the foredest. It asafety lines or the midpoint snaphot on a 2m line should be used for this purpose. The diligent use of a properly adjusted safety harness and the shortest safety line practicable is regarded as by far the most effective way of preventing man overboard incidents.	**	
5.04	incuding Seather Suits		
b)	it is recommended that a foul weather suit should be fitted with marine-grade retro-reflective material, and should have high-visibility colours on its upper parts and sleeve cuffs. See OSR 4.18	**	
5.07	Survival Equipment	Mo0,1,2Mu0,1,2,3,4	
5.07.1 d)	Attention is drawn to the value of keeping on the person a combined 406MHz/121.5MHz PLB when on deck: this may aid location in a man overboard incident independent of the equipment carried by the parent vessel	MoMu0,1,2	
5.07.2	It is strongly recommended that an immersion suit should be supplied to each crew member in a multihull in conditions where there is a potential for hypothermia SECTION 6 - TRAINING	Mu1,2,3,4	
6.01.3	It is strongly recommended that all crew members should undertake training as in OSR 6.01 at least once every five years	MoMu1,2	
6.04	Routine Training On-Board	••	
6.04.1	It is recommended that crews should practice safety routines at reasonable intervals including the drill for man-overboard recovery	•	2016 changes
	APPENDICES 2016	APPENDICES 2015	
Appendix A	Moveable and Variable Ballast	Liferaft Specification	Deleted
Appendix B	For Inshore Racing	Guide to ISO Standards	Moved to App D
Appendix C	For Inshore Dinghy Racing	Standard Inspection Card	Moved to App F
Appendix D	A guide to ISO and other Standards	Quickstop and Lifesling	Move to GTOPS
Appendix E	World Sailing Code for the organisation of Oceanic Races	Hypothermia	Moved to App J
Appendix F	Standard Inspection Card	Drogues	Moved to App K
Appendix G	Model Training Course	Training	
		World Sailing Code for the	
Appendix H	Model First Aid Training Course	organisation of Oceanic Races	Moved to App E
Appendix J	Hypothermia	Category 5 for inshore racing	Moved to App B
Appendix K	Drogues and sea anchors	Moveable and variable Ballast	Moved to App A
Appendix L		Category 6 for inshore racing	Moved to App C
Appendix M		Hull Construction Standards	Moved to OSR 3.03
Appendix N		Model First Aid Training Course	Moved to App H